

# ARE YOU NEW TO CATALONIA?



[upc.edu/slt](http://upc.edu/slt)

## *Language and cultural reception programme*

If you are new to the UPC, we provide a starting point by offering a range of training and cultural activities designed to help you adapt to life in Barcelona, including Catalan courses, a language exchange service, outings and workshops on the Catalan way of life.



*Learn  
Catalan*

A hand-drawn arrow pointing to the right, located below the 'Learn Catalan' text.

- **Just arrived**  
This 15-hour workshop enables you to make initial contact with Catalan and become familiar with Catalan culture and way of life.
- **Catalan 1 (level A.2.1 CEFR)**  
This 50-hour face-to-face and e-learning course enables you to gain a basic knowledge of Catalan, learn to follow lectures taught in Catalan and interact using simple language.
- **Catalan 2 (level A.2.2 CEFR)**  
This 50-hour face-to-face and e-learning course enables you to expand the knowledge gained in the Catalan 1 course, understand basic interactions and use familiar everyday expressions.
- **Catalan language certificate**  
This certificate corresponds to the A2.2 level in the Council of Europe's CEFR and can be obtained after completion of the Catalan 2 course.
- **Erasmus intensive language course**  
This 100-hour course is aimed at students who have been selected for an ERASMUS study or placement period in Barcelona.

Find out about  
**Catalan  
culture**



Practise  
languages  
and **gain  
confidence**

Improve your  
**Spanish**

■ **Orientation Week**  
Welcoming activities organised by the International Relations Service with the help of the University's schools and services: institutional welcome, help with registration, information on the languages at the UPC and the Just Arrived workshop.

■ **Catalonia at a click**  
This virtual tour provides useful information on life in Catalonia, including its history, local cuisine and festivals.

■ **80 tips**  
This pocket guide provides tips on the customs and manners of Catalan society.

■ **Talk 10: language exchange service**  
This language exchange service brings together people from different countries so that they can practise languages in a relaxed atmosphere.

■ **Class-Talk**  
This university phrasebook with downloadable audio files will help you to pick up your first few words in Catalan.

■ **Outings and cultural activities**  
This series of year-round activities will give you the chance to take part in guided visits to places of historic and cultural interest while practising languages.

■ **Spanish for foreigners**  
Courses of all levels, from basic to advanced, with flexible timetables.



*More information, timetables and online registration*

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